

## **Why Choose EJT Communication Consultant?**

*With a decade of clinical experience in medical speech-language pathology, I bring deep expertise in communication, facial movement, and post-procedure recovery. I've worked with clients across the lifespan— from infants to adults well into their 100s—giving me a comprehensive understanding of how communication, muscle balance, and expression evolve throughout life.*

*At EJT Communication Consultant, your care is personalized, evidence-based, and intentionally designed to support both function and confidence. I take time to understand your goals, evaluate the areas that need refinement, and create a tailored plan to enhance speech clarity, vocal quality, facial coordination, and overall ease of expression.*

*In recent years, my practice has increasingly focused on clients recovering from cosmetic procedures or medically necessary surgeries involving the face, head, and neck. These individuals often come seeking the “finishing touch”—that final layer of precision, comfort, and confidence that helps their results feel complete.*

*My mission is to empower you to move, speak, and express yourself with ease. I want every client to leave feeling restored, aligned, and deeply confident in both their appearance and their communication.*



### **EJT Communication Consultant**

*Communicate with Confidence, Inspire with Impact*

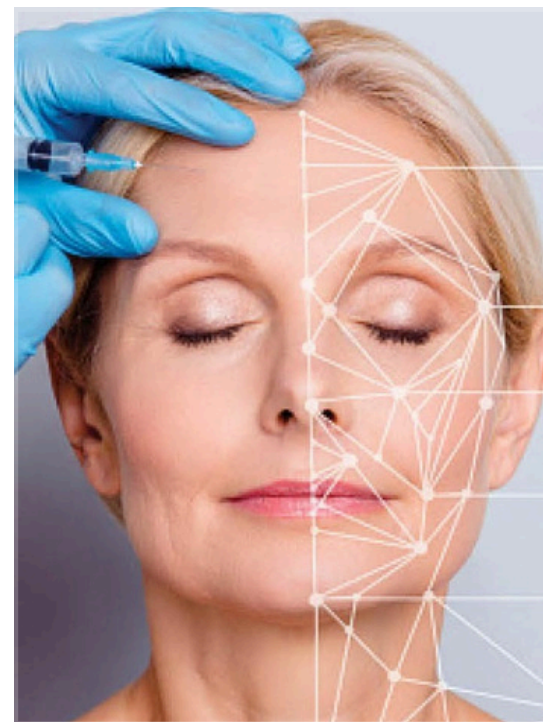
*Speech therapy uses a specialized, highly personalized approach to support each client's unique goals. Treatment plans include targeted exercises to improve muscle control, coordination, and balance, along with evidence-based techniques that refine speech clarity, tone, and volume. These interventions help restore natural rhythm, enhance facial movement, strengthen articulation, and improve overall intelligibility.*

*At EJT Communication Consultant, our goal is to help you feel aligned, confident, and fully expressed. Contact us today to begin restoring your communication—and step into the strongest, most self-assured version of yourself.*

[www.ejtcommconsult.com](http://www.ejtcommconsult.com)

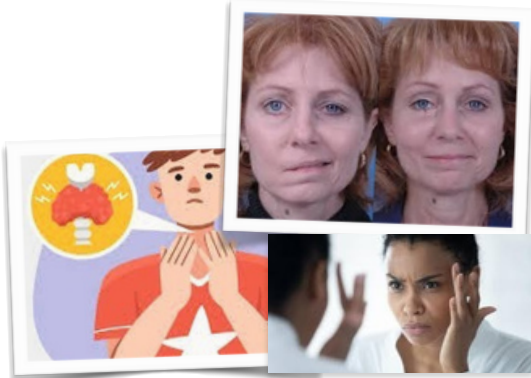
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## **Post-Cosmetic Procedure Speech Therapy Guide: Facial Recovery, Jaw Alignment & Speech Enhancement**



*With the growing demand for cosmetic and facial procedures, speech therapists are becoming an increasingly vital part of the recovery process, supporting muscle coordination, facial symmetry, and clear, comfortable communication.*





### Common Issues That Arise After Procedures or Surgery:

- Facial weakness/paralysis
- “Tight” muscles and/or difficulty with muscle adaption
- Change in speech
- Difficulty eating and swallowing
- Change in smile



# SPEECH THERAPY AND COSMETICS

*Choosing to skip speech therapy after orthognathic surgery or cosmetic procedures may leave you with a beautifully sculpted jaw and enhanced appearance—but overlook vital functional adjustments beneath the surface. Speech therapy is the essential finishing touch to your transformation. It refines verbal communication, restores natural movement patterns, and enhances clarity and confidence in your speech, ensuring the way you speak aligns with the way you look.*



### Examples of disorders that can cause facial paralysis or weakness:

*Bell's palsy/Ramsey Hunt Syndrome Facial nerve tumors and acoustic neuromas Cancer of the parotid gland, brain, head or neck and/or Stroke*

### Bell's Palsy

Inability to wrinkle brow  
Drooping eyelid; inability to close eye  
Inability to puff cheek; asymmetrical smile  
Drooping corner of mouth; dry mouth



### Examples of Changes in Speech:

*Some individuals who have undergone dental work (e.g., implants) report developing a lisp, where the /s/ sound resembles more of a /th/ sound.  
Increased nasality, which can make it sound like a person has a cold or a stuffy nose.*



### Difficulties with Eating Post-Surgery:

*Difficulty chewing  
Dry mouth/ decreased saliva production  
Asensation of foolw or pills beong stuck in throat*

